

# The Sun, The Father, The Hero, The Masculine



The Sun in your Astrological Chart is your instinct to shine from the centre of your life story. The energy of the Sun within you is progressive. It is an active, dynamic principle which unfolds during the course of a lifetime. You never fully finish developing this aspect of self, as this aspect of the personality is always in the process of becoming and moving toward some future vision or goal. Its goals are focused inwards and concerned with self-realization and experiencing one's life as meaningful.

Its purpose is to be radiant, open, giving and centred. The sun is purposeful, directed and creative; it is a creative outward expression of self. The sun is individual in potential yet still deeply connected to the whole of life.

The sun senses that there is a quest to be pursued, a journey towards an unknown future..."I have a feeling there is some deeper purpose for my being alive". Your sun leads you on the "hero journey," the path to enlightenment and self-actualization.

The Sun is:

- Your inner exploration
- Self-realization
- Your will TO BE
- Masculine (expressive)
- The Hero
- Dynamic
- Giving
- Consciousness
- Radiant
- Wise
- Life force energy within
- Open
- Present

The fear of death is associated to the Sun; for if one does not take the “heroic leap” and make a unique creative contribution in some way, however small, one can feel the nagging torment of the un-lived self. An underdeveloped Sun will be felt as envy or jealousy.

The presence of the “unconscious father figure” in one’s life while growing up speaks to the archetypal story of why many people find it hard to express their solar light (the sun). They fear that if they are truly themselves, others will react negatively towards them. Therefore, on an unconscious level there is an underlining fear within all of us to truly express this solar light.

The fear of leaving the family psyche, which such expression would entail, involves moving beyond the family circle. This is more challenging in families where parents were blocked, repressed and stifled in their own lives. It is the archetypal story of “slaying the inner dragon”.

The inner collective voice tells you, “Who do you think you are? What right do you have to become something your parents were never able to, after all they sacrificed on your behalf?” This is why there is considerable guilt (conscious or unconscious), around expressing your sun, even if you had parents or a parent who did little for you.

The more separate you feel, the more you will experience an archetypal sense of guilt. Guilt comes from the Anglo-Saxon root which means “debt.” Which plays into the profound sense of reneging on a debt; “to the family psyche.”

This is an archetypal story of the hero within you

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