

The Saboteur



The Saboteur is the mirror that reflects your fears of taking responsibility for yourself and for what you create. It is your guardian of choice. It will sabotage your efforts to be happy and resist opportunities that will lead you out of pain and suffering.

This is the voice in your head that speaks to you saying, *"do it or don't do it."*

The fear of the saboteur is fear of inviting real change into your life. This archetype will convince you to self-sacrifice yourself for others: leaving you wondering why you feel trapped in repeated patterns. It will restrict your ability to choose because of guilt and lack of self-esteem.

Low self-esteem - undermining yourself through choice.

The saboteur inhibits you from seeing and reaching higher potential. This archetype does not like to work hard! It is lazy. It can be difficult to face because of its fear of change. It would prefer change at a slow incremental pace, if at all.

How you will sabotage yourself also has to do with your inability to forgive. Holding on to the pain, keeps life the same and the wound alive.

Conceptually you might say you want change and feel frustrated that it hasn't occurred. This is **always** indicative of saboteur activity in your life.

When you are ready to evolve this archetype you'll find that it will call your attention to situations which you are about to sabotage yourself, or in danger of being sabotaged. It will stop you from repeating the same unwanted patterns because you'll have mastered your relationship with choice.

To identify this archetype, ask yourself:

- What fear of change do you currently have?
- Do you try and rationalize the reasons why you can't make the change?
- How conscious are you when you are sabotaging yourself?
- Is it hard for you to speak up for yourself?
- Why don't you; what are you afraid of?
- If you do, are you doing it a way that does not victimize the others?

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