The Moon, The Mother, The Inner Child, The Feminine



The Moon in your Astrological Chart - Represents your unconscious reactive habit patterns, your emotional world, your security system, your basic survival instincts and early childhood conditioning.

The Moon's role in your chart is to get your basic security needs met. Which can be experienced as clinging, needy, defensive and unconsciously driven to feel safe. This relationship is associated to your relationship with your primary caregiver, usually Mother.

The Moon represents your internal mother (how you self-parent and care for yourself), your inner child, who you choose in relationships and how able you are to be vulnerable.

The Moon/Mother complex:

• You must leave "the womb" of mother to become conscious and to be born again.

- The Mother complex teaches you whether you are lovable.
- The body and how it is nourished is represented through the moon/mother.
- What we eat has an affect on our moods, in turn our moods have an affect on what we eat.
- When in the "shadow" aspect of your moon, the potential for losing connection with care of the body is elevated.
- What constitutes emotional food for you?
- The more you learn how to self-parent for yourself emotionally (nourish yourself), the less you will resent others for not doing it for you.
- Your moon teaches us how to relate, feel compassion and take care of ourselves.
- This is where you learn to self-parent and self-soothe.
- You step out of instinctual/tribal behavior.
- You will move out of the instinctual mind (group/tribal mind) into the intuitive mind (individual/universal).
- The moon is the repository of your biological history.
- Your family psyche, early childhood experiences, your cultural/community based beliefs systems.
- Your emotional triggers are rooted here.
- Emotions are the reactions to your feelings.
- Feelings are energy generated from the experience itself.
- An over abundance of emotions will lose the feeling of experience.
- Here you learn the difference between response vs reactivity.
- The moon/mother's work is to self-evolve and individuate.

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