

# Quieting The Mind

## The Second Labor of Hercules



Hercules is sent to gather the golden apples from the tree of the Hesperides.

The Task of Gemini is to learn to quiet the monkey mind so that an opening can be made to hear the voice of the soul.

This myth centers on the search for knowledge and its transformation into wisdom. We begin with the importance of the apples. Apples have long been a symbol in human consciousness for knowledge. However, when acquired for its own sake, information has little value related to consciousness. Knowledge must be transformed into wisdom through the use of the mind. This is a core area of growth and maturity for the archetype of Gemini.

Gemini is an air sign which emphasizes the intellect, communication, connecting, teaching, and learning. Symbolized by the twins, and the two pillars, it is a sign of relating and governing pairs of opposites. For this reason, duality is a significant theme for Gemini.

The quest for the apples represents the mortal man and his pursuit of immortality through knowledge, but this is only possible through the realization of the spiritual nature of our being.

Gemini is a strong mental sign and its soul task is to learn to love with the mind and think with the heart. There is a restlessness in Gemini, which manifests as an urge to seek something new, exciting, and interesting to explore.

The Soul in Gemini seeks to master the intellect (abstract mind) and to develop a bridge of communication to the inner realm of spirit. Its ancient mantram is, "I see my other self, and in the waning of that self, I grow and glow."

The spiritually mature Gemini seeks to manifest effective communication and to establish a relationship between dualities. Most importantly, this involves recognizing the duality of soul and personality and working to bring them into effective communication.

This perception of two selves provides insight into the duality inherent in Gemini and its need to bring relationship between the two aspects of self, the personality (form, mind, and reason) and soul (love, abstract thought, and wisdom). Having started with a foundation of knowledge, the spiritually mature Gemini uses the energy of love to transmute knowledge (as experience) into wisdom.

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